



Here at anatomē, we've developed sleep oils that can be used with a sleep routine to help you get better sleep. Working with a team of aromacologists and nutritionists, we've concentrated on four oils for different sleep concerns.

Cornish Lavender for tired body and mind
Somali Frankincense for the overactive mind
German Chamomile for those that struggle to fall asleep
Japanese Seaweed for the light sleeper

WHY IS SCENT SO IMPORTANT?

Scent is a powerful trigger that activates our "limbic system" known as the limbic system - a network of connected structures near the middle of the brain linked within the central nervous system. These structures work together to affect a wide range of behaviours including emotions, motivation, and memory. This system deals with instinctive or automatic behaviours and has little to do with conscious thought or will. The limbic system also deals with translating sensory data from the neocortex (the thinking brain) into motivational forces for behaviour.

anatomē®

LONDON APOTHECARY

anatomē is a holistic wellness brand that harnesses the power of botanicals and science to support your wellbeing. We are dedicated to supporting modern life, helping you find balance through personalised advice and an exquisite product collection.

The modern world is stressful, so we need support and encouragement to achieve a balanced, happy life. Our collection has been developed by an expert team of nutritionists, aromachologists and sleep experts to help support your physical and emotional wellbeing.

Throughout our collection you will discover a finely tuned range of essential oils, health supplements and natural skincare made with active botanical ingredients. Our products support recovery + sleep, energy, mindfulness and overall wellbeing.

Created in 2018 by Brendan Murdock, the anatomē stores are located in London's exclusive neighborhoods and retailed in some of the world's finest stores.




WELLNESS

Just like the grapes that make up a fine wine, the oil extracts are carefully selected from an optimum, nourishing environment. Each of our elixir oils contains a blend of essential oil extracts distilled into a single compound derived from seeds, bark, stems, roots, flowers and plant leaves of plants. We have created a bath + body collection to support 'Night and Day' rituals, botanical blends to sooth and relax, alongside blends to energize and invigorate.

- TOP NOTES**
Sicilian Lemon, Orange,
Green Mandarin,
Calabrian Bergamot
- MIDDLE NOTES**
French Lavender,
Geranium Bourbon,
Neroli Tunesia,
Eucalyptus
- BASE NOTES**
Cedar Wood Virginia,
Patchouli Indonesia,
Guaiac Wood
Paraguay, Vetyver Haiti,
Sandalwood



PACKAGING	SIZE	PRODUCTS
Paper Box*	30 g / 1,05 oz	SOAP
Aluminium Tube*	30 ml / 1 fl. oz	SHOWER GEL AM SHOWER GEL PM SHAMPOO CONDITIONER BODY LOTION AM BODY LOTION PM
Invisible Dispenser 	300 ml / 10,14 fl. oz cm 6 x 21 h	SHOWER GEL AM SHOWER GEL PM SHAMPOO CONDITIONER HAND & BODY CREAM AM HAND & BODY CREAM PM HAND WASH
Wellness Oil in box*	5 ml / 0,17 fl. oz	RECOVERY + SLEEP BALANCE + STABILITY

* available on request